

Multi-faith meals

What began as shelf-stable meals for kids has become a line of "multi-faith meals" for soldiers, campers, vegetarians, and members of the Muslim and Jewish religions. At age 3 when Operation Desert Storm began, My Own Meals began to answer the military's needs for adult meals catering to particular dietary restrictions.

The expanded selection of 14 meals, which require no refrigeration, are packaged in 10-ounce plastic microwaveable bowls or trays and 8-ounce pouches. Chicken Mediterranean, Chicken and Black Beans, Old World Stew, Cheese Tortellini, Vegetarian Stew and Pasta With Garden Vegetables are among the selections.

A complete list and more information are available from MOM Inc., P.O. Box 334, Deerfield, IL 60015.

Compiled from Herald-Tribune wires and other sources.

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