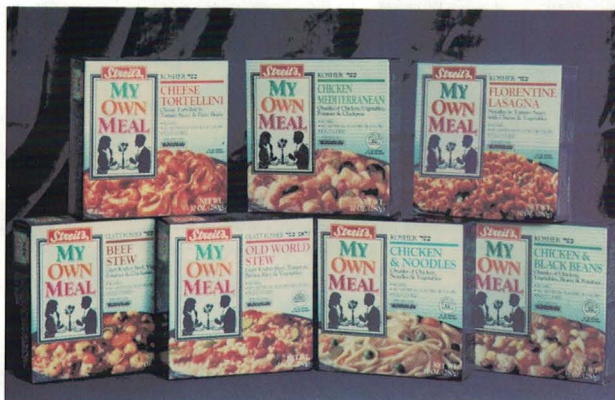


# What's New

# The latest on the market



## Meals for People on the Run

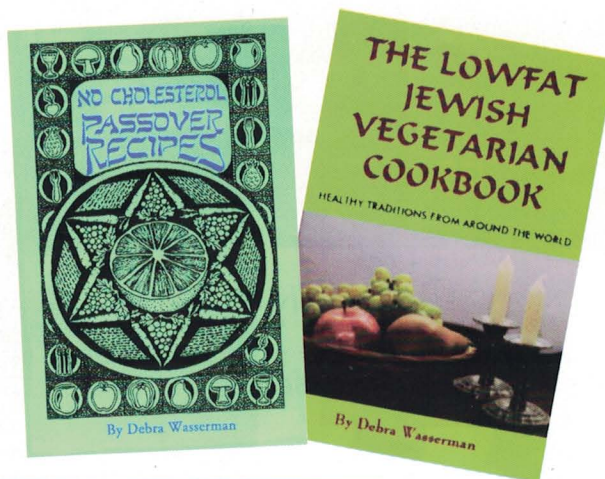
**W**hy choose between great taste and saving time? Now within minutes, enjoy a delicious meal fit for today's lifestyle—for lunches, quick suppers, the office, travel, anytime. *MY OWN MEAL/STREITS* kosher meals use only wholesome ingredients like you'd use. They have NO MSG and no artificial flavors or colors. They're fully cooked in individual serving containers. And, they do not require refrigeration or freezing to stay fresh.

For more information, call 708-948-1118.

## Kosher Vegetarian Cookbooks

**A** new kosher cookbook has entered the market. Debra Wasserman, author of *The Lowfat Jewish Vegetarian Cookbook*, has just released her latest book, "The No-Cholesterol Passover Recipes." This 96 page book contains 100 vegetarian Passover dishes. Recipes vary from eggless Matzo Meal Pancakes, fat-free Lemon/Apple Garlic Dressing, and Dairyless Carrot Cream Soup, to Sweet and Sour Cabbage, Stuffed Peppers, and Sweet Potato Kugel. Each recipe contains a nutritional analysis of fat, protein, and carbohydrate.

For more information, call 410-366-VEGE.



## Not just for Gefilte Fish

**A** startling discovery was recently published in the *Newsweek*™ magazine. Environmental scientists have known for years that an enzyme found in horseradish cleans certain pollutants called phenols from water. But purifying the enzyme is a costly exercise. Now Penn State soil biochemists Jean-Marc Bollag and Jerzy Dec have discovered that chopped horseradish, mixed with hydrogen peroxide, works just as well. One researcher calculates that using the enzyme to clean 66,000 gallons of water would cost \$2.5 million a day; minced root, about \$920.



## "ISRAEL HAS IT ALL" CONTEST WINNERS



The response to the "Israel Has It All" contest sponsored by El Al & Moriah Hotels in cooperation with Chai Today Magazine, was phenomenal. Congratulations to the lucky winners Mr. Harry and Barbara Schonfeld of Claremont, California. Chai Today Magazine, El Al Airlines and Moriah Hotels wish Mr. & Mrs. Schonfeld a great trip and a wonderful stay in Israel. Mazel Tov!